WORK OUTS FOR YEARLINGS AND ABOVE PUREBRED AND PARTBRED NOTE: Horses Under 5 yrs are not required to canter on Lunge.

Step 1 WALK

- 1. From A, walk to B.
- 2. At B, turn towards Camera and walk back to A.

Judge would like to see a free, swinging walk with an overtrack.

Step 2 TROT & CANTER

- 1. At A, turn away from Camera and trot to B.
- 2. At B, Halt or slow down and walk to C.
- 3 (a). At C, when ready, commence Clockwise to trot in 20m circle for 2-3 circles.
- 3 (b) When ready, Horses over 5yrs Canter Clockwise 20m circles on lunge 2-3 times.
- 4. Return to trot and either:
- (a) Walk back to A

Step 3 TROT & CANTER

- 1. At A, halt or slow down and walk to D
- 2.(a) Horses Under 5, at D commence Anti-clockwise Trot in 20m circle 2-3 times.
- 2 (b) Horses 5 & over at D commence Anti-clockwise Canter in 20m circle 2-3 times.
- 3. Return to trot then walk. Return to A

At all times Judge would like to see free flowing trot and rhythmic, controlled canter with plenty of jump.

Step 4 PRESENT HORSE

- 1. At A, turn horse away from camera and walk to X and halt.
- 2. At X, turn horse so Nearside facing camera and present to Judge.
- 3. Video Nearside, Rear, Offside and Front with plenty of time for Judge to view each aspect.
- 4. End of Workout.







